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ICANotes Behavioral Health EHR

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SOS
610 N. Silver St
Silver City, NM 88061

575-956-6131
575-956-6947

Rodriguez, Melissa

ID: 1000010723120 DOB: 12/20/1980

Case Management Note (SOS)

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7/30/2023
12:53 PM

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Presenting Problem:
Ms. Rodriguez continues to experience anxiety.
Symptoms of depression continue to be described.

Recent History: Client has a history of chronic homelessness, unemployment, anxiety, depression, stress, substance use, and poverty.

Social Support Changes:
No changes in her family or social support network have occurred.

Intervention:
Provided access to the laundry room for client so that she may be able to get a load of laundry going. Assisted client with hanging up clothes on the clothes line.

Assessment:
Ms. Rodriguez appears calm, happy, attentive, communicative, casually groomed, overweight, and relaxed. She exhibits speech that is normal in rate, volume, and articulation and is coherent and spontaneous. Language skills are intact. Affect is appropriate, full range, and congruent with mood.

Plan: Continue to accommodate client to the best of shelter abilities and continue to prompt client to continue participating in programming plans now being implemented by shelter staff.

Diagnosis: Post-traumatic stress disorder, chronic, F43.12 (ICD-10) (Active)
Depressive episode, F32 (ICD-10) (Active)

History of Risk Factors:
*History of Alcohol or Substance Abuse
*History of Anger Management Problems

Current Risk Factors:
*Experiencing Severe Anxiety or Panic
*A Major Depression is Present
*Severe Financial Difficulty
*Severe Insomnia is Present

Suicide Risk:
Based on the above risk factors, Ms. Rodriguez's risk of suicide is considered Low. Fleeting thoughts may be present but there is no intention or plan.

2 Units for H0038 Peer Support - HM, TV

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